

October 2017 Lunch



**KEYSTONE
FOOD SERVICE**

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|---|---|
| 2 Pizza Pasta Caesar Salad Breadstick Fruit Milk Salad Bar | 3 Popcorn Chicken Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar | 4 <i>Chicken</i> Soft Beef Taco Spanish Rice Refried Beans Chips and Salsa Fruit Milk Salad Bar | 5 Ranch Roasted Pork Loin Green Beans Roasted Carrots Dinner Roll Fruit/Salad Bar Milk | 6 Cheeseburger French Fries Fruit Milk Salad Bar |
| 9 Ravioli with Meat* Sauce Green Beans Garlic Roll* Fruit Milk Salad Bar | 10 Orange Chicken Lo Mein Noodles Teriyaki Glazed Carrots* Fruit Milk Salad Bar | 11 Beef Nacho Bar (Beef, Queso, Beans, Chips). Salsa Fruit Milk Salad Bar | 12 BBQ Chicken Flatbread Ranch Roasted Potatoes Fruit Milk Salad Bar | 13 Pizza Italian Salad Cinnamon Stick Fruit Milk Salad Bar |
| 16 Chicken and Noodles Mashed Potatoes Roasted Carrots Dinner Roll Fruit Milk Salad Bar | 17 Corn Dog Mac and Cheese Green Beans Fruit Milk Salad Bar | 18 Chicken Fajitas Spanish Rice Refried Beans Chips and Salsa Fruit Milk Salad Bar | 19 Cheeseburger Tater Tots Fruit Milk Salad Bar | 20 Deli Wrap Garden Salad Doritos Fruit Milk Salad Bar |
| 23 Meatball Sub Carrots and Ranch Potato Chips Fruit Milk Salad Bar | 24 Chicken Enchilada Spanish Rice Refried Beans Chips and Salsa Fruit Milk Salad Bar | 25 Pineapple Glazed Ham Loaded Mashed Potatoes Green Beans Dinner Roll Fruit/Salad Bar Milk | 26 BBQ Pulled Pork Sandwich French Fries Fruit Milk Salad Bar | 27 Stromboli Marinara Sauce Caesar Salad Fruit Milk Salad Bar |
| 30 Taco Soup Chips and Salsa Beans Fruit Milk Salad Bar | 31 Mummy Dog/Pig in a Blanket* Mac and Cheese Green Beans Dirt Cake Fruit/Salad Bar Milk | 1 French Dipped Sandwich Parmesan Fries Fruit Milk Salad Bar | 2 Country Fried Steak Mashed Potato and Gravy Roasted Carrots Dinner Roll Fruit/Salad Bar Milk | 3 Flatbread Cheese Pizza Italian Salad Fruit Milk Salad Bar |

*Indicates new menu item

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER